

American Council of Hypnotist Examiners

Presents

32nd International Hypnotherapy Conference

Pre -conference Courses April 9-10, 2024

Three-day Conference April 11-13, 2024

Location

Sheraton, Mission Valley, San Diego, California

Three-day Conference Includes

Three Days of Special Presentations by recognized experts sharing their experience and speaking on a wide variety of hypnotherapy applications for all experience levels.

- Access to Elective Workshops. In addition to conference registration, low-cost, results oriented three hour workshops on a variety of subjects, each designed to improve your professional and business skills. *\$35 with full conference registration.
- Free Admission to the Exhibitors Area, offering the best in hypnotherapy and self-improvement books, DVDs and other related products.
- Saturday Evening Dinner and Awards Banquet. Admittance is included in your full conference registration. Extra tickets for banquet and dancing may be purchased for \$75.
- Continuing Education Credit. Thirty hours (30) CE credit from the ACHE for full 3-day conference attendance. Certificate awarded.

Speakers and topics subject to change without notice.

Please note:

Audio and video recording is not permitted at conference presentations and workshops.

Pre-conference Courses

- Earn Six-Figures Working Part-Time
- Medical Hypnosis: State of the Art
- Trauma Collapse Technique Certification

Accommodations - Sheraton Mission Valley

1433 Camino Del Rio S., San Diego, CA USA 92108 A block of rooms has been reserved for April 9-13, 2024. The special room rates will be available until March 25, 2024, or until the group block is sold-out, whichever comes first. Book online at https://www.marriott.com/event-reservations/reservation-link.mi?id=1690400994568&key=GRP&app=resvlink. Or call 1-888-236-2427 and give them our group name: American Council of Hypnotist Examiners.

- On-site Restaurant
- Heated Pool
- Fitness Center
- Close to many San Diego attractions: San Diego Zoo, La Jolla Cove, Midway Museum, Balboa Park, Torrey Pines State Natural Reserve, Cabrillo National Monument, Coronado, Sea World, Old Town San Dieo, Petco Park

Airport Transportation

• Uber, Lyft, taxi

Pre-Conference Courses: April 9-10, 2024

April 9, 2024

9:30 am - 5:30 pm • Cost: \$450.00

ONE DAY - Earn Six-Figures Working Part-Time, Keli Raymond

Whether you are new to the field or experienced and haven't quite figured out how to take your private practice to the next level, this is workshop for you!

As Hypnotherapists, we possess a transformational healing skill set, but no matter how great we may be, if we cannot master the business of running a profitable Hypnotherapy private practice, we can't adequately reach or service those who need us the most.

Hypnotherapy is a unique and often misunderstood healing modality that makes landing clients a particular challenge. Understanding the uniqueness of our chosen profession is the first step in learning how to overcome most of the challenges that stand in the way of having the private practice of your dreams!!

Keli Raymond, MHC., Master Hypnotic Coach & Instructor is a UC Berkeley graduate, President of Pathway Hypnotherapy & Intuitive Counseling, LLC with 20 + years of highly effective business and coaching techniques that led her to the Executive Coaching arena.

April 10, 2024

9:30 am - 5:30 pm • Cost: \$450.00

ONE DAY - Medical Hypnotherapy: State of the Art, Dr. John Butler

Medical Hypnotherapy provides a powerful, holistic approach to healing and pain control for a great variety of health issues. Research studies are increasingly confirming the work of doctors and hypnotherapists who are skilled in this field.

This workshop is based on knowledge and clinical experience over four decades and teaches you methods to reduce/ eliminate symptoms including pain while helping the client move towards recovery by resolving internal conflicts, self rejecting beliefs and unhealthy emotions at the root of many psychosomatic illnesses (including stress and PTSD) and contributing to various organic conditions. This has great significance for wellness and ageing. You also learn the use of

affordable medical grade monitoring technologies to reliably and scientifically assess the client's progress in cardiac, immune, endocrine and other functions.

Dr. John Butler has been a hypnotherapist for over 40 years. He brings an academic research background to his extensive clinical work. His work has received high-level media attention including hypnotizing a surgical patient for surgery performed live on television.

April 9-10, 2024

9:30 am - 5:30 pm • Cost: \$997.00

TWO DAY- Trauma Collapse Technique Certification, Martin Castor Peterson

Embrace the opportunity to become a Trauma Collapse Technique (TCT) Specialist facilitator. This state-of-the-art protocol represents a revolutionary breakthrough in modern trauma release work. Unleash the power to transform any trauma into resources, healing the scars of the past without even the need to speak of them. Your journey towards mastery in this innovative approach is not just a professional advancement— it's a calling to heal, empower, and inspire. Join the ranks of those who are not just changing lives, but shaping the future of mental well-being.

Martin is an ACHE approved school/instructor. Owner of The Hypno Academy based in Denmark, Europe and Las Vegas, NV. Received an ACHE Award for Outstanding Professional Presentation 2018. International celebrity performer with shows in more than 17 countries.



Conference: Thursday, April 11, 2024

Workshop - 9:30 am - 12:30 pm - Cost \$35* Brown Bags & Brief Sessions, Gaye Gibson

Providing a long, luxurious hypnotic session for clients is easy, but not so much when time is limited. Gaye Gibson has found it beneficial to clients and to be able to provide an effective hypnotic session in the space of 1/2 an hour or so. Gaining skill in providing these short but sweet sessions will allow attendees to market themselves to organizations who allow lunch hour sessions to be held on site. Much can be accomplished in a 30 minute session and still allow the client ample time to attend to other responsibilities. Ample time will be provided for attendees to practice and discuss challenges they experience. Learning to work within time restrictions may broaden the potential client base for many practitioners.

Gaye Gibson has a background in nursing, psychology, and spiritual and martial arts. She has been teaching at Randal Churchill's ACHE certified school since 2011. She lives in El Dorado with her husband, enjoys audiobooks and traveling.

Workshop - 9:30 am - 12:30 pm - Cost \$35* Experimentation: Deal with the Unexpected, Sharon Waxkirsh

Gil Boyne, the pioneer of combining psycho-therapeutic methods with hypnosis, developed Transforming Therapy™. Unlike standard hypnotic approaches, it prioritizes dealing with what emerges (DWWE) during initial sessions. Client cues seemingly unrelated to the presenting complaint become the focus, leading to more effective outcomes when applied in the hypnotic state. Through active participation in experimentation with Boynean therapeutic approaches during this workshop one will develop skills that can be applied during client hypnosis. The goal of being better equipped to encounter the unexpected in hospital or dental-practice settings as well as private practice sessions, will be achieved, leading to the attainment of successful outcomes for clients.

Sharon Waxkirsh, BaHons Cht Mht HBCE, studied with Gil Boyne and Dr. John Butler nearly two decades ago. British born, based in Indiana, USA, her school The Academy for Hypnosis, specializes in medical and dental hypnosis and Transforming TherapyTM

Presentation - 9:30 am - 10:20 am

The Passionate Speaker, Martin Castor Peterson

The Passionate Speaker isn't just a title; it's a call to mastery in conveying messages to any audience, be it clients, fellow speakers, or attendees of a lecture. This is about YOU, empowering you to craft your unique blueprint of passion that resonates, connects, and engages every single person in the room. Embrace the power of your voice and inspire the world with your message. Make them not only listen but feel, understand, and act!

Martin Castor Peterson is the owner of The Hypno Academy based in Denmark, Europe and Las Vegas, NV. Received an ACHE Award for Outstanding Professional Presentation 2018. International celebrity performer with shows in more than 17 countries.

<u>Presentation - 10:30 am - 11:20 am</u> Therapeutic Kinesiology, Marla Brucker

Therapeutic Kinesiology (Muscle Testing) is an amazing tool that can read the body's energy system and what's happening at the subconscious level. Muscle Testing (MT) is a precise measure of a neurological response in the body. It is a means of communication, but not the communication itself. MT assists the clinician in seeing what's going on at an unconscious level. Regardless of the modality used, it effectively uncovers essential information for planning a therapeutic strategy.

Attendees will also learn a unique technique: Uncovering Core Beliefs, which helps to break down specific mental patterns and habits, getting them to the source of their presenting issue by using Muscle Testing to communicate directly with the subconscious mind. This allows you to "talk to the body" now.

Marla Brucker has been a Clinical Hypnotherapist for over 35 years, an accomplished motivational trainer and seminar leader, conducting international seminars and leadership training programs. Marla is a Registered Hypnotic Anesthesiologist, Master Practitioner of NLP, and certified in Energy Psychology.

Presentation - 11:30 am - 12:20 pm

Working with Groups— A Career-Changing Opportunity, Diane Edwards

If you're thinking about venturing into group work but aren't sure how to go about it, you're not alone. But as intimidating as it may seem, the benefits to your skills and confidence will be well worth it, not to mention the extra income that goes along with group work.

Working with groups has so many great advantages. Not only does it allow you to help many people at the same time, but the power of experiencing hypnosis in a large group, along with 'group energy', can actually deepen and intensify the effect of the hypnosis.

In this exciting and fun presentation, not only will you learn how to hold Group Hypnosis sessions for weight-loss and smoking, you'll also get ideas for numerous other innovative exciting topics.

Diane Edwards is a seasoned professional with over 30 years experience. She is the CEO of her own thriving successful practice and offers you her years of experience to expand your career.

Lunch - 12:30 pm - 2:00 pm

Workshop - 2:00 pm - 5:00 pm - \$35* Hypnotic Therapeutic Breathwork for Rapid Change, Rene Brent

Hypnotic Therapeutic Breathwork is a Cyclical breath which is a powerful and often intense modality to help your clients get unstuck and gain clarity. This is a powerful change modality for addictions and clinical issues. As your client hyper-oxygenates through a cyclical breath, the high vibrational energy of the breath allows deep subconscious blocks to come to awareness and release. It is our job as Hypnotherapists to use our protocols to help them release the blocks. You must be ready for anything.

Your clients may experience natal regression, past life regression, childhood regression in this lifetime, energy attachments and more. Rene Brent will teach how to manage the Breathwork and tips for how to manage what may come up.

Author of two #1 International Bestselling books. Rene has been an instructor of Hypnotherapy for 8 years. Rene works with a variety of clients over the last 10 years. Rene has been an RN for 34 years.

Workshop - 2:00 pm - 5:00 pm - \$35*

From Pain to Gain, Liza Boubari

We all suffer from some sort of Pain. To Heal Within... you are only ONE thought away from transforming from PAIN to GAIN - You Matter. Some suffer from physical pain, others go through mental anguish and many suffer from what we now know as emotional pain. Emotional pain is pain or hurt that originates from non-physical sources. This psychological pain can be intense and significantly affect many different areas of your life. Personal growth and development is a transformational process in our physical, emotional, intellectual, spiritual, and/or social state.

Liza earned her Clinical Hypnotherapy Certification from the Hypnotism Training Institute of Glendale in 1996. A motivational speaker, author, she is also a Certified Stress Management Counselor, Anger Management, and Domestic Abuse Consultant.

Presentation - 2:00 pm - 2:50 pm

Hypnotherapy for Multiple Sclerosis, Eva M. Clark Learning to work with chronic disease, such as multiple sclerosis, is both rewarding and fascinating. Learn the three keys to address with a client with MS. This presentation will focus on MS in particular, however the strategies we'll review can be applied to many chronic

Eva M. Clark is a clinical medical hypnotherapist supporting people with chronic illness address what usually gets ignored – their lives. Eva teaches webinars and trains other hypnotherapists and NLP practitioners on how to use their skills in this specialty.

diseases, especially Parkinson's and chronic back pain.

Presentation - 3:00 pm - 3:50 pm

Medical & Dental Hypnosis, Sharon Waxkirsh

This introduction into the world of medical and dental hypnotherapy empowers beginners to offer hypnosis confidently to clients for pain control and surgery. If working in this arena has felt too daunting, if you were not sure where to begin or how to deliver a session, this lecture is a must. Learn how to enable your client to have successful surgery with little or no chemical anesthetic. Does the type of induction make a difference? What level of trance must one achieve? What kind of language do you need to create the right environment to change the pain sensors? Case studies

that show successful medical and dental hypnosis applications, and how they are achieved will provide you with a good foundation.

Sharon Waxkirsh BaHons Cht Mht HBCE, studied with Gil Boyne and Dr. John Butler nearly two decades ago. British born, based in Indiana, USA, her school The Academy for Hypnosis, specializes in medical and dental hypnosis and Transforming TherapyTM

<u>Presentation - 4:00 pm - 4:50 pm</u> Acute & Chronic Pain, Bill Anapoell

Pain can be acute, subacute, or chronic and knowing which technique to use or how best to approach a particular client can be confusing. However, by matching the pain stimulus to the specific area of the neuroanatomy that is being stimulated, we can easily

map out a simple technique that will allow you to handle any situation on the spot! I promise not to bore you with hard core science, but I will show you how having a basic knowledge of neuroanatomy will allow you to easily deliver an effective approach regardless of the type of pain your client has.

As a medical doctor, my patients' experiences vary from acute postoperative pain to the chronic discomfort of cancer. I am excited to share the Homunculus Protocol, an approach I have used with thousands of patients to achieve effective pain control.

Thursday night 5:30

Meet & Greet with light refreshments

Conference: Friday, April 12, 2024

Workshop - 9:30 am - 12:30 pm - Cost \$35* Integrating, Psychology, Spirituality, and Science, Ken Guzzo

Who are we? Are we the sum total of our life experiences? Are we the electrical and chemical reactions of our neural pathways? Do we have a soul that pre dates our birth, and extends beyond the limitation of our body?

Our role is not to answer these questions for our clients, but to act as if each client is a complete integrated system, and be the mirror to reflect back the highest version of that client's whole self. Join me, as we dive deep into philosophy and techniques to help create lasting, profound transformation.

Ken Guzzo is the founder of the North American Academy of Hypnosis, and is the creator of The Guzzo Protocol. His practice has been 100% referral for 12 years, earning \$300,000 per year, working two days per week.

Workshop - 9:30 am - 12:30 pm - Cost \$35* Reprogramming Self-Sabotage, Patrick Singleton

Self-sabotage may be one of the major reasons people seek hypnotherapy, whether or not they realize it. And even if self-sabotage is not a person's presenting problem, there are few things more disheartening or disappointing than hearing a client talk about their progress with you, only for them to then go on and find a way to sabotage the progress they achieved.

This workshop includes a full on, word for word script, not of suggestions, but instructions to the intelligence of the subconscious to eliminate the various causes of self-sabotage. I'll do a live demo of the process in action, we'll go through the script, and I'll answer questions.

Patrick is the Creator of Inner Mind-SourcingTM and Creative NLP SolutionsTM, and has been training people from all over the world since 1997. He's given Trainings since 2012 and maintains a thriving private practice in Santa Fe New Mexico.

<u>Presentation - 9:30 am - 10:20 am</u> Amazing Inductions, Sean Michael Andrews

There are many ways to achieve hypnosis. Sean Michael Andrews will demonstrate and explain in depth three amazing inductions that are perfect for the clinic, demonstrations, the stage and the street.

Learn how to do the:

- -Gil Boyne Arm Pull Induction (Shock)
- -Finger Magnets (Sneaky)
- -Handshake Interrupt (Confusion)

Attract clients to your practice with Amazing Inductions!

Sean Michael Andrews is the Supervising Instructor for the Dave Elman Hypnosis Institute. He was named Hypnotist of the Year in 2018 and 2013, Sean has taught hypnosis in 19 countries. Many consider him to be the World's Fastest Hypnotist.

<u>Presentation - 10:30 am - 11:20 pm</u>

Benefits of Multi-Session Projects,

Patricia Reynolds Sørbye

My topic addresses a couple of worries that most hypnotherapists have experienced, though few openly discuss. A concern for both newly certified hypnotherapists and seasoned practitioners is how to keep the client engaged long enough to affect desired change. Therapists often think that clients will not commit to a prescribed number of sessions, and don't think they will pay for the program before they begin. In my 20th year of hypnotherapy practice, I can say that I have always insisted on both and have managed to work together with my client-partners, not only to make the lasting change they want, but also to manifest a substantial professional hypnotherapy practice and career for myself. What I mean to show you will make it seem surprisingly easy.

Patricia Reynolds Sørbye, CCHt, who is happily in the 20th year of her private practice at Watervox Hypnosis & Hypnotherapy in Oakland, California, Instructor at Hypnotherapy Training Institute, Member and past Chair of the Board of Directors of the ACHE.

<u>Presentation - 11:30 am - 12:20 pm</u> Effortless Marketing, Kapil Apshankar

Unleash the power of automation in your marketing strategy with "Effortless Marketing: Automate Your Online Presence with Impact." Discover secrets to accelerate sales and attract more clients through automation. Learn practical strategies to automate content creation, scheduling, social media management, and audience engagement. Streamline your marketing efforts, save time and resources, and boost your bottom line. Explore powerful tools and platforms to simplify your workflow and maximize impact. Automate lead generation, nurturing, targeted advertising, conversion optimization. Effortlessly amplify your reach, engage audiences, and generate a steady flow of qualified leads. Join this transformative presentation to supercharge your marketing efforts, unlock new opportunities, and achieve lasting success.

Kapil Apshankar is a best-selling author and TEDx speaker. Kapil has been with ACHE since 2005 as a Clinical Hypnotherapist, Master Hypnotic Coach and Certified Instructor. He is also a Visionary Business master coach and Heal Your Life coach.

Lunch - 12:30 pm - 2:00 pm

Workshop - 2:00 pm - 5:00 pm - Cost \$35* NLP for Grief Release, Eva M. Clark

30% of those bereaved suffer Prolonged Grief Disorder that can last for years or even a lifetime. Bereavement can get mixed with the trauma of the manner of death, an empty feeling of loss, and deep isolation. New research has shown how re-establishing a bond with the deceased can actually release grief.

Learn how NLP, through the work of Steven Andreas on PTSD veteran, can quickly release the trauma and reconnect with the bonds to our loved ones.

Eva M. Clark is a clinical medical hypnotherapist supporting people with chronic illness address what usually gets ignored—their lives. Eva teaches webinars and trains other hypnotherapists and NLP practitioners on how to use their skills in this specialty.

<u>Workshop - 2:00 pm - 5:00 pm - Cost \$35</u>* Anchoring Resources & Healing States, Heather Solarie

This NLP technology easily integrates into other hypnotherapy techniques such as Suggestion Therapy, Parts Therapy or Regression Therapy. It can also be used as a stand alone session. Utilization of this powerful methodology gives your client something to take away from the session and to work with between sessions. You will love Anchoring. It will become a powerful 'go to' during almost all your sessions. Learn, when, where, how and why to use it to reinforce and accelerate all the work you do with your clients.

This class will include lecture, demonstration, hand outs and voluntary audience participation.

Heather Solarie is a healing arts professional successfully teaching altered states of consciousness technologies for over 30 years. She is certified in Hypnotherapy, Liberation Breathing, Creative NLP and is a licensed Massage Therapist. Heather maintains a practice in Maui, Hawaii.

<u>Presentation - 2:00 pm - 2:50 pm</u> <u>Yoga Nidra, Katherine Zimmerman</u>

Explore the practical and esoteric uses in this powerful ancient yogic technique. Yoga Nidra will expand your consciousness and increase your awareness. The process takes you into profound states of relaxation. Some of the practical uses include: normalizing blood pressure, reducing anxiety-tension states and any other condition in which tension plays a part. It is an excellent technique for grounding and for clients who lack body awareness. Experience Yoga Nidra and learn ways to use this valuable technique with clients and groups.

Katherine Zimmerman, an internationally-known author and speaker, Certified Clinical Hypnotherapist, Reiki Master, and EFT Practitioner. Katherine is the Director of the California Hypnotherapy Academy and a former guest lecturer for the University of California Medical Center, Davis.

Presentation - 3:00 pm - 3:50 pm

Enhanced Outcomes Through the Past, Future and Higher Self, Keli Raymond

If you think Past Life Regression in and of itself is transformative, consider the impact of what offering your clients one cohesive session, integrating Past Life Regression, Future Progression and bringing in the Higher Self can do. Learn how to incorporate these three processes to one, offering something different to clients that will make you stand out from all the rest.

Keli Raymond, MHC is a Master Hypnotic Coach and Instructor. Her private practice and schools offer an integrated approach to healing that leads to mind, body, spirit transformations.

Presentation - 4:00 pm - 4:50 pm

Embracing the Past, DeAnna Torres

Hypnotherapists have long recognized that age-regression is a powerful modality to release childhood trauma and the resulting distortions to our clients' thoughts about themselves, the world, and their place in it. Decades of research and empirical evidence have more than proven its efficacy when it comes to ending repetition compulsion. But what if the ISE can't be found in this life? What if the story of the Soul is much bigger than one incarnation? What if unhealed traumas that occurred long ago still echo in the psyche, shaping the personality, beliefs, and behaviors of the present life?

Come learn how approaching Past Life Regression with the intention to release trauma can also have dramatic effects on your clients' lives, sometimes in beautifully unexpected ways.

DeAnna Torres had a life-altering, spontaneous past-life experience at age 40. She then studied hypnotherapy with Katherine Zimmerman and Michael Newton, and shamanism with Hank Wesselman. She's been facilitating past life regressions for her clients since 2009.

Friday Night 7:00 pm

Entertainment by Martin Castor Peterson

Conference: Saturday, April 13, 2024

Workshop - 9:30 am - 12:30 pm - Cost: \$35* Re-Vison 2.0, Katherine Zimmerman

With this upgraded approach to the Re-Vision process you will be able to help clients to "rise above" their current struggles. If you work with clients who are interested in spirituality, personal growth, or you just want a way to help clients with their life challenges from a new perspective, you can benefit by learning this process. Re-Vision combines hypnosis, energy work and a simple application of the Emotional Freedom Techniques to create the energy of the change clients desire. It is a content free method of releasing the past that can be applied to almost anything.

Besides the overall sense of well being, each client experiences a significant shift toward achieving their goal.

Katherine Zimmerman, an internationally-known author and speaker, Certified Clinical Hypnotherapist, Reiki Master, and EFT Practitioner. Katherine is the Director of the California Hypnotherapy Academy and a former guest lecturer for the University of California Medical Center, Davis.

Workshop - 9:30 am - 12:30 pm - Cost: \$35* Hypnosis for Menopause, Diane Edwards and Marla Bucker

Women going through menopause often find themselves searching for alternative ways of dealing with the variety of physical and emotional symptoms: hot flashes, night sweats, weight gain, anxiety, mood swings, decreased libido and a whole lot more. As Hypnotherapists, we know hypnosis plays a key role in giving us a sense of control over what is happening within our body and mind. This specialized informative workshop will help you empower women to embrace Menopause in a healthy and positive way. Reap the benefits of this valuable un-tapped market turning it into a lucrative part of your practice.

Marla Brucker and Diane Edwards are two seasoned professional Hypnotherapists with over 60 years of combined experience. They are both CEO's of their own thriving successful practice and offer you their years of experience to expand your career.

<u>Presentation - 9:30 am - 10:20 am</u> Effective Take Home Techniques, Rene Brent

In this interactive session, Rene Brent will open her tool chest and share her favorite science-based techniques that have helped her clients retrain their brains and bodies and helped her develop a successful practice. Participants will leave with a handful of techniques to teach their clients to build confidence and self-generated change when outside of your office. Author of two #1 International Bestselling books. Rene has been am instructor of Hypnotherapy for 8 years. Rene works with a variety of clients over the last 10 years. Rene has been an RN for 34 years.

<u>Presentation - 10:30 am - 11:20 am</u> Business Q&A, Panel

Time for mentoring! Bring your business questions to the panel for advice from successful hypnotherapists. It is possible to make a good living from this work.

<u>Presentation - 11:30 am - 12:20 pm</u>

Emotional Connections to Habits, Liza Boubari

Emotional connections to habits are deeply ingrained within our psyche. Whether it's the comforting embrace of a daily routine or the automatic response to certain triggers, emotions play a significant role in shaping our habits and behaviors. However, when we

begin to shift the emotional connection tied to these actions, a profound transformation can occur.

The key to breaking unhealthy habits lies in reshaping the emotional connection associated with them. By cultivating self-awareness, self-hypnosis, and mindfulness, clients can begin to recognize the underlying emotions driving their behaviors.

Liza earned her Clinical Hypnotherapy Certification from the Hypnotism Training Institute of Glendale in 1996. A motivational speaker, author, she is also a Certified Stress Management Counselor, Anger Management, and Domestic Abuse Consultant.

Lunch - 12:30 pm - 2:00 pm

Workshop - 2:00 - 5:00 pm - Cost \$35* Become the Dream, Randal Churchill

Hypnotic DreamworkTM is about the powerful synergies of Gestalt dreamwork and hypnotherapy, as demonstrated in Randal Churchill's award-winning text, Become the Dream. Dreams are direct messages of the subconscious experience of oneself and the world. Avoiding analysis and interpretation, Gestalt modalities get to the essence of the existential meaning of the dream. Various traditional Gestalt therapy methods are very effective in part because they tend to induce and deepen hypnosis. Gestalt dreamwork and hypnosis can complement each other for profound insights and breakthroughs. Workshop includes: the hypnotic techniques of Gestalt dreamwork; the powerful integration of additional hypnotic methods; how to get effective results with only a dream fragment; how to help your clients attain vivid dream recall. Includes a live Hypnotic Dreamwork demonstration.

Randal Churchill is past ACHE President. He is founder (1978) of the Hypnotherapy Training Institute and author of award-winning texts, Regression Hypnotherapy and Become the Dream, and the acclaimed Catharsis in Regression Hypnotherapy.

<u>Workshop - 2:00 - 5:00 PM - Cost \$35</u>* Parts Dialoguing for Breakthrough Sessions, DeAnna Torres

Have you ever had this happen: you're working with a client and everything's going well, when *BAM!* you hit a roadblock. No matter how many direct suggestions

you throw at it, or how many creative visualizations you lead the client through, they're just stuck. Parts Dialoguing (IFS) is a positive way to frame the component voices of the psyche, and understanding how to work with them can help you give your clients the breakthrough they've been waiting for.

DeAnna Torres had a life-altering, spontaneous past-life experience at age 40. She then studied hypnotherapy with Katherine Zimmerman and Michael Newton, and shamanism with Hank Wesselman. She's been facilitating past life regressions for her clients since 2009.

Presentation - 2:00 - 2:50 pm

Dowsing for Hypnotherapists, Patrick Singleton

Dowsing has existed in various forms and been practiced by many cultures all over the world, all the way back into antiquity. It's a reliable way of getting accurate information very quickly, similar to kinesiology, but gives you access to more information. Using dowsing allows you to know what's useful or appropriate with a client as you're working with them, as well as what's not appropriate or simply not necessary in the moment. This gives you the ability to avoid going down a path that will not work for a given client, and it lets you know which of your tools are best suited for that person as you're working with them. **Bring a pendulum!**

Patrick has been teaching NLP and Hypnotherapy to students from all over the world since 1997. He's presented at many conferences in the US, and maintains a thriving private practice in Santa Fe, NM, where he also teaches Inner Mind-Sourcing.

Presentation - 3:00 - 3:50 pm

Connected Breathing for Hypnotherapy, Heather Solarie

Learn what Connected Breathing is and how it easily

assists clients into a more potent Hypnotherapy experience. Understand the many outstanding benefits of connected breathing such as assisting the client into deeper states of consciousness, fuller access to emotions and the emotional body for deeper understanding, fuller integration and more complete clearing. Learn when, where and how to utilize this technology seamlessly into any hypnotherapy session. This lecture will include handouts and voluntary audience participation.

Heather Solarie is a healing arts professional successfully teaching altered states of consciousness technologies for over 30 years. She is certified in Hypnotherapy, Liberation Breathing, Creative NLP and is a licensed Massage Therapist. Heather maintains a practice in Maui, Hawaii.

Presentation - 4:00 -4:50 pm

Be a Stop Smoking Specialist, Ken Guzzo

Join me for a fun and interactive hour! Learn how I've helped over 10,000 people stop smoking, with a 95% success rate, and a lifetime guarantee. I will share as much usable content as we can possibly fit into the time allotted. Hold onto your seat!

Ken Guzzo is the founder of the North American Academy of Hypnosis, and is the creator of The Guzzo Protocol. His practice has been 100% referral for 12 years, earning \$300,000 per year, working two days per week.

7:00 pm - 12:00 am

Saturday Evening Banquet

Awards Banquet. This will be an unforgettable night filled with fun, food, and friends. Admittance is included in your full conference registration. Extra banquet tickets may be purchased for \$75

https://hypnotistexaminers.org/2024-conference-registration/