



ACHE 33rd International Hypnotherapy Conference

Hayes Mansion

200 Edenvale Ave, San Jose, CA 95136

April 23, 2026

Pre-Conference

Full Day, April 22, 2026

Activating Subconscious Power, with Advanced Analytical Hypnotherapy
– Dr. John Butler

Hypnotic Therapeutic BreathWork: A Stand-Alone Protocol for Rapid Breakthroughs & Business Growth
– Rene Brent



Conference Website



Registration

Email for assistance
office@hypnotistexaminers.org

Time	50-minute Presentation	3-Hour Workshop	3-Hour Workshop
9:30	Trauma to Triumph: Hypnosis for Posttraumatic Growth – Gaye Gibson	Curiosity and Inquiry: A Hypnotic Pathway to Subconscious Wisdom – Anna Kato & Kym Maehl	Boundaries, Rules, Standards and Expectations – Sherry Gilbert
10:30	HypnoQuests: The Missing Link Between Sessions And Success – Stephanie Voss		
11:30	Deep Emotional Clearing: Finding the Window Within – Patricia Reynolds Sorbye		
12:30	Lunch		
2:00	Hypnotic Poetry: From Creative Experimentation to Application – Rickey Bauman	Master Presentation Methods of Hypnotism – Michael Mezmer	Hypnotic Therapeutic BreathWork: Science, Simplicity, and Profound Results – Rene Brent
3:00	Move Beyond Symptom Relief – Eva Clark		
4:00	Beyond Anesthesia: Hypnosis in Medicine & Dentistry – Sharon Waxkirsh		
7:00	Welcome Gathering/Mixer		

* Friday, April 24, 12:30 PM Lunch for all ACHE School Owners
* No need to miss a talk, you can buy a recording.

Friday, April 24, 2026

Time	50-Minute Presentation	3-Hour Workshop	3-Hour Workshop
9:30	From Ordinary to Extraordinary - New Techniques! – Amy Naber	The Collective Trance: The Power of Group Hypnosis – Sharon Waxkirsh	Compounded Hypnotic Technique: Elevating Hypnotic Sessions – Gary Josephson
10:30	Practice Growth: How to Fill Your Calendar and Stay Balanced – Rene Brent		
11:30	You Are the Message: Crafting a Brand That Mirrors Your Essence – Liza Boubari		
12:30	Lunch		
2:00	The Un-Truth – Craig Bickmore	Start Your Successful Hypnotherapy Practice – Helen Boland	Transformation Through Emotional Clearing Regression – Randal Churchill
3:00	Start Your Successful Hypnotherapy Practice – Helen Boland		
4:00	Embodied Hypnosis: Somatic Tools for Pre-Induction, Attunement, and Post-Hypnotic Integration – Stacia Aashna		
7:00	Entertainment: Michael Mezmer's TranceNosis		

Saturday, April 25, 2026

Time	50-Minute Presentation	3-Hour Workshop	3-Hour Workshop
9:30	Socratic Questioning in Hypnosis – Sherry Gilbert	Delve Beyond the Five Senses to Awaken the Spiritual Potential Within – Cheryl Canfield	Emotional Weight: The Hidden Link Between Unresolved Feelings – Liza Boubari
10:30	The Subconscious Scroll: Hypnosis for Digital Overload and Attention Fatigue – Sanober Hamid		
11:30	Magical Trance – Rowan Foxx		
12:30	Lunch		
2:00	The Power of Clinical Suggestions – Helen Boland	Somatic Hypnosis for Emotional Release & Pain Relief – Kym Maehl	Hypnosis for Fostering Wellness – Gaye Gibson
3:00	Exploring the Shadow: Using Hypnosis for Self-Discovery and Client Transformation – Gary Josephson		
4:00	Pono, Ho'omaika'i, Aloha: Insights for Hypnotherapy from Hawaiian Traditions – Lyn Moreno		
7:00	Banquet & Awards Ceremony		